Improving Lives through Interdisciplinary Rehabilitation Approach

International Conference: 13-14 October 2016
Post Conference Workshops: 15 October 2016
Paediatric Rehabilitation Symposium: 15 October 2016

Benefits of attending:

• **Hear** top regional and international experts discussing the most pressing rehabilitation conditions
• **Learn** from practical workshops featuring hands-on techniques and advanced techniques from expert faculty
• **Review** recent technological robotic management of spinal cord injuries
• **Review** up-to-date paediatric treatments for a range of common musculoskeletal conditions
• **Continue** your professional development and earn CME credits
• **Network**, meet and build relationships with peers in the field of Rehabilitation
• **Participate** in practical symposium focusing on paediatric rehabilitation conditions
• **Connect** with vendors and leading hospitals for the latest medical products and services in rehabilitation medicine

For more information or to register, contact us at +971 4 361 9616 or visit info@menaphysicalrehab.com or visit www.menaphysicalrehab.com
Scientific Board

Dr. Abdul Karim Msaddi, Medical Director, Head of Neurosurgical & Spinal Dept. Microsurgery-Minimally Invasive Brain & Spine Surgery, Neuro-Spinal Hospital, UAE
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Dr. Begad Abbas, MD., Specialist Physical Medicine and Rehabilitation, Head of the Department, Al Noor Hospitals Group, Lecturer at PMR Department, Faculty of Medicine Ain Shams University, Egypt
Dr. Eeva-Liisa Langille, Medical Director for Paediatrics, Cambridge Medical & Rehabilitation Center, UAE
Prof. Dr. Karl Fredrik Almqvist, MD, PhD., Orthopaedics Surgery Specialist, Mediclinic City Hospital, UAE
Dr. Kaydar Al-Chalabi, MD, Specialist Physician in Physical Medicine, Rheumatology & Rehabilitation, Neuro Spinal Hospital, UAE
Dr. Nazakat Hussein, Clinical Director of Rehabilitation Medicine, American Hospital, UAE
Dr. Sabahat Asim Wasti, Medical Director, Rehabilitative Medicine, Cambridge Medical & Rehabilitation Center, UAE
Dr. Yousif Alnuaimi, Chair, Department of Physical Medicine and Rehabilitation, Zayed Military Hospital, UAE

Exclusive Speaker Faculty includes

Dr. Ahmad Al-Khayer, Consultant Physical and Rehabilitation Medicine, Head of the PRM Department & Chairman of the Pain Team, Al Ahli Hospital, Qatar
Dr. Ahmed M. AboAbat, Rehabilitation Consultant, King Fahad Medical City, KSA
Dr. Abdul Karim Msaddi, Medical Director, Head of Neurosurgical & Spinal Dept. Microsurgery-Minimally Invasive Brain & Spine Surgery, Neuro-spinal hospital, UAE
Dr. Aly Ezzeldin Aly Elmahalawy, Head of Department– Physiotherapy, Saudi German Hospital, UAE
Dr. Aman Sohal, Consultant Paediatric Neurologist, Sheikh Khalifa Medical City (SKMC), UAE
Dr. Arif Khan, Consultant Paediatric Neurologist and Epileptologist and Head of Children's Services, American Center for Psychiatry and Neurology, UAE
Dr. Begad Abbas, MD., Specialist Physical Medicine and Rehabilitation, Head of the Department, Al Noor Hospitals Group, Lecturer at PMR Department, Faculty of Medicine Ain Shams University, Egypt
Donna Wicks, Paediatric Physiotherapist, Kids First Medical Centre, UAE
Dr. Eeva-Liisa Langille, Medical Director for Paediatrics, Cambridge Medical & Rehabilitation Center, UAE
Dr. Haitham ElBashir, Consultant Paediatric Rehabilitation, Al Jalila Children’s Speciality Hospital, Dubai
Dr. Huda Sadek, Consultant Paediatrics Neurodevelopment, Mafraq Hospital, UAE
Prof. Dr. Karl Fredrik Almqvist, Orthopaedics Surgery Specialist, Mediclinic City Hospital, UAE
Dr. Kaydar Al-Chalabi, MD, Specialist Physician in Physical Medicine, Rheumatology & Rehabilitation, Neuro Spinal Hospital, UAE
Lindsey Hopkinson, Paediatric Physiotherapist, The Children's Medical Centre, Dubai
Dr. Maher Saad Benjaddid (Al-Jadid), Consultant & Professor Physical Medicine & Rehabilitation, Director of Rehabilitation Medicine & Functional Health Care Services Departments, Prince Sultan Military Medical City, KSA
Dr. Mohammed A. AlSwaini, Head of Physical Medicine & Rehabilitation Department, Physical Medicine and Rehabilitation Department, Rashid Hospital, UAE
Dr. Mohamed Rami Al-Ahmar, MD, JB (Physical Medicine & Rehabilitation), Physiatrist, Spinal Injury Senior Specialist, King Hussein Medical City, Jordan
Dr. Nazakat Hussein, Clinical Director of Rehabilitation Medicine, American Hospital, UAE
Dr. Sabahat Asim Wasti, Medical Director, Rehabilitative Medicine, Cambridge Medical & Rehabilitation Center, UAE
Dr. Tarek Shafshak, Professor of PMR in Faculty of Medicine, Alexandria University, Egypt
Dr. Yousif Alnuaimi, Chair, Department of Physical Medicine and Rehabilitation, Zayed Military Hospital, UAE

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Call for Abstracts for Oral and Poster Presentations

Submit your abstract to the congress to be chosen for oral or poster presentation, the submission can be in any of the following areas:

**Early stroke rehabilitation, musculoskeletal rehabilitation, pain management and rehabilitation, brain injury rehabilitation, spinal cord injuries and others. This can be a research, research in progress, case study or novel idea.**

**ELIGIBILITY**

Entrants should be registered at the MENA Physical Medicine and Rehabilitation Congress.

Submit 200-500 words outlining your case presentation idea. All proposals must be formatted with 0.75 inch margins all around; 12-pt font size or larger for narrative text, 10-pt font size or larger for table and figure legends; using one of the following serif font styles: Times New Roman, Georgia, Helvetica, or Times.

The following information must be included in the proposals: Presentation title; Author(s) name, degree, and institutional affiliation; Topic; Keywords; and Narrative text, which may also include tables and/or figures.

**SUBMISSION**

Abstract submission deadline: **20 August 2016.**

At the time of online submission, submitters must provide complete contact information (e.g., name, credentials, title, institution, mailing address, email, and phone). Typewritten abstract in English, not exceeding 350 words. Abridged CV (one-page) indicating the author’s academic & scientific degrees.

Original research papers, talks as well as novel ideas are encouraged.
Submit to: info@menaphysicalrehab.com

**POSTER PRESENTATION**

The poster will provide late-breaking findings in poster format during the conference Poster Session. Posters provide a visual display of new techniques, programmes, research or professional innovations.

Posters will be presented on a smart screen. Presenters are encouraged to bring 1-page double-sided handouts of their poster presentations.

The following information must be included in the abstract: Poster title; Author(s) name, degree, and institutional affiliation; Keywords; and Narrative text, which may also include tables and/or figures.
Submit to: info@menaphysicalrehab.com

**CONFERENCE ATTENDANCE AND PRESENTER EXPENSES**

Presenters for all accepted proposals are required to register for the conference, and are fully responsible for all of their expenses related to the conference (e.g., registration, airfare, hotel, meals).

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**Who should attend?**

- Physiatrists (Physical Medicine & Rehabilitation Physicians)
- Occupational Therapists
- Physiotherapists
- Neurosurgeons
- Neurologists
- Paediatricians
- Chiropractors
- Orthopaedic Surgeons
- Orthopaedic specialists
- Psychologists
- Researchers
- Medical and Allied Healthcare Professionals and students
Congress Day One: Thursday, 13th October 2016

08:00 Registration, coffee and networking

08:50 Maarefah’s welcome address

09:00 Chairman’s welcome and opening remarks

CURRENT REHABILITATION STATUS AND FUTURE DIRECTIONS

09:10 Review of the current status and needs of rehabilitation medicine in the Middle East and North African Region
Dr. Ahmed M. AboAbat, Rehabilitation Consultant, King Fahad Medical City, KSA

09:40 Interactive Panel Discussion: The future of rehabilitation in the region, focus on technologies and innovation
Prof. Dr. Karl Fredrik Almqvist, Orthopaedics Surgery Specialist, Mediclinic City Hospital, UAE
Dr. Mohamed Rami Al-Ahmar, MD, JB (Physical Medicine & Rehabilitation), Physiatrist, Spinal Injury Senior Specialist, King Hussein Medical City, Jordan

10:40 Networking coffee break

PAIN MANAGEMENT

11:10 Reviewing rehabilitation Approaches and techniques to overcome issues in Chronic Pain
Dr. Ahmad Al-Khayer, Consultant Physical and Rehabilitation Medicine, Head of the PRM Department & Chairman of the Pain Team, Al Ahli Hospital, Qatar

11:40 Pain management and accelerated rehabilitation for total hip and total knee arthroplasty

12:10 Place of Neuromodulation Techniques in the Management of Spasticity or Intractable Pain
Abdul Karim Msaddi, Medical Director, Head of Neurosurgical & Spinal Dept. Microsurgery-Minimally Invasive Brain & Spine Surgery, Neuro-Spinal Hospital, UAE

12:40 Networking luncheon

MUSCULOSKELETAL REHABILITATION

13:40 Current approaches to the rehabilitation of hamstring injuries
Dr. Begad Abbas, MD., Specialist Physical Medicine and Rehabilitation, Head of the Department, Al Noor Hospitals Group, UAE, Lecturer at PMR Department, Faculty of Medicine Ain Shams University, Egypt

14:10 Rehabilitation and return to sport after ACL reconstruction
Prof. Dr. Karl Fredrik Almqvist, Orthopaedics Surgery Specialist, Mediclinic City Hospital, UAE

14:40 Femoro-patellar dysfunction and energy expenditure
Dr. Aly Ezzeldin Aly Elmahalawy, Head of Department – Physiotherapy, Saudi German Hospital, UAE

15:10 Networking coffee break

STROKE REHABILITATION

15:40 The case for Early stroke rehabilitation in stroke: Is it irrefutable?
Dr. Mohammed A. AlSwaini, Head of Physical Medicine & Rehabilitation Department, Physical Medicine and Rehabilitation Department, Rashid Hospital, UAE

16:10 Systematic review and analysis on predictors of upper limb recovery after stroke

FREE PAPERS SESSION

18:00 Closing remarks from chairman and end of day one
### Congress Day Two: Friday, 14th October 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
<th>Institution/Location</th>
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<tbody>
<tr>
<td>08:00</td>
<td>Registration, coffee and networking</td>
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<tr>
<td>08:50</td>
<td>Chairman's welcome and opening remarks</td>
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<tr>
<td>09:00</td>
<td><strong>Keynote Presentation: Neurorehabilitation service development challenges faced in the MENA region</strong></td>
<td><strong>Dr Yousif Alnuaimi</strong>, Chair, Department of Physical Medicine and Rehabilitation, Zayed Military Hospital, Abu Dhabi, UAE</td>
<td><strong>Zayed Military Hospital, Abu Dhabi, UAE</strong></td>
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<td>09:30</td>
<td><strong>Current guidelines for the brain injury rehabilitation</strong></td>
<td><strong>Dr. Sabahat Asim Wasti</strong>, Medical Director, Rehabilitative Medicine, Cambridge Medical &amp; Rehabilitation Center, UAE</td>
<td><strong>Cambridge Medical &amp; Rehabilitation Center, UAE</strong></td>
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<td>14:00</td>
<td><strong>Long term management of spinal cord injuries</strong></td>
<td><strong>Dr. Nazakat Hussein</strong>, Clinical Director of Rehabilitation Medicine, American Hospital, UAE</td>
<td><strong>American Hospital, UAE</strong></td>
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<td>14:30</td>
<td><strong>Review of Spinal Cord Injury rehabilitation in Saudi Arabia</strong></td>
<td><strong>Dr. Maher Saad Benjadid</strong>, Consultant &amp; Professor Physical Medicine &amp; Rehabilitation, Director of Rehabilitation Medicine &amp; Functional Health Care Services Departments, Prince Sultan Medical City, KSA</td>
<td><strong>Prince Sultan Medical City, KSA</strong></td>
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<td>15:00</td>
<td><strong>Spinal cord injuries in UAE: Retrospective, demographic &amp; overview study of patients admitted &amp; managed in Neuro-Spinal Hospital Dubai during last 12 years</strong></td>
<td><strong>Dr. Kaydar Al-Chalabi</strong>, MD, Specialist Physician in Physical Medicine, Rheumatology &amp; Rehabilitation, Neuro Spinal Hospital, UAE</td>
<td><strong>Neuro Spinal Hospital, UAE</strong></td>
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<td>15:30</td>
<td>Networking coffee break</td>
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<td>16:00</td>
<td><strong>Patients’ satisfaction with neurogenic bowel conservative treatment in spinal cord injury</strong></td>
<td><strong>Dr. Mohamed Rami Al-Ahmar</strong>, MD, JB(Physical Medicine &amp; Rehabilitation), Physiatrist, Spinal Injury Senior Specialist, King Hussein Medical City, Jordan</td>
<td><strong>King Hussein Medical City, Jordan</strong></td>
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<td>17:00</td>
<td><strong>Closing remarks from chairman and end of day two</strong></td>
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Congress Day Three: Saturday, 15th October 2016

PAEDIATRIC REHABILITATION

09:00 Registration, coffee and networking

09:30 Chairman’s Welcome and opening remarks

09:40 Keynote Address: Status of paediatric Rehabilitation in the region

10:10 The latest developments in resistance training on cerebral palsy patients: Current trends and future prospects
Dr. Eeva-Liisa Langille, Medical Director for Paediatrics, Cambridge Medical & Rehabilitation Center, UAE

10:40 Networking coffee break

11:10 Early diagnosis and Early Intervention programs in children with Cerebral Palsy: The need and shortfall
Dr. Arif Khan, Consultant Paediatric Neurologist and Epileptologist and Head of Children’s Services, American Center for Psychiatry and Neurology

11:40 Cognitive outcome after childhood stroke
Dr. Huda Sadek, Consultant Paediatrics Neurodevelopment, Mafraq Hospital, UAE

12:10 Current and future trends of management of cerebral palsy
Dr. Arif Khan, Consultant Paediatrics Neurodevelopment, Mafraq Hospital, UAE

12:40 Clinical assessment and management of concussion in children and adolescents
Dr. Aman Sohal, Consultant Paediatric Neurologist, Sheikh Khalifa Medical City (SKMC), UAE

13:10 Prayers break and networking luncheon

14:10 Interprofessional collaborative practice: what does it mean for Paediatric Rehabilitation?
Dr. Haitham ElBashir, Consultant Paediatric Rehabilitation, Al Jalila Children’s Speciality Hospital, Dubai

14:40 Robotics and Assistive technologies in paediatric rehabilitation

15.10 Memory Training in children who have survived a brain injury

16.40 Paediatric Neurological Rehabilitation: What do physiotherapists do?
Lindsey Hopkinson, Paediatric Physiotherapist, The Children’s Medical Centre, Dubai
Donna Wicks, Paediatric Physiotherapist, Kids First Medical Centre, UAE

17:20 Closing remarks from chairman and end of day three

POST CONGRESS WORKSHOPS

Workshop A: 9:30-10:30

Repetitive training techniques in neurorehabilitation: The practical application of the neuroplasticity concept

Workshop B: 11:00-13:00

Principles of regional pain management (causes, differential diagnosis, treatment)

Workshop Leader: Dr. Tarek Shafshak, Professor of PMR in Faculty of Medicine, Alexandria University, Egypt
Dr. Tarek Saad Shafshak is a Professor of Physical Medicine, Rheumatology & Rehabilitation, Faculty of Medicine, Alexandria University, Egypt. He has publications in International medical journals. He has also contributed to International Medical Books including Physical Medicine and Rehabilitation Secrets. 3rd edition. He has been practicing rehabilitation medicine since 1978.

Workshop C: 15:00-17:00

Functional electrical simulation for upright mobility in spinal cord injury patients

Workshop Leader: Dr. Ahmed M. AboAbat, Rehabilitation Consultant, King Fahad Medical City, Saudi Arabia
Dr. Ahmed AboAbat is a Rehabilitation Consultant, and the founder and former medical director of the Rehabilitation Hospital (CARF Accredited) at King Fahad Medical City. Associate Executive Director of Patient Affairs. International Surveyor with CARF commission. BSc in Physical Therapy from King Saud University 1989. He gained his PhD in 2000 from Salford University (UK) in medical rehabilitation, he gained his Master in Health Administration from Washington University School of Medicine (USA). FES Trainer Reviewer; Archives of Physical Medicine and Rehabilitation Journal. He is a member of the Consultancy Committee (MOH). He has many published researches and participated in different conferences in the field of medical rehabilitation.

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Please complete in BLOCK CAPITALS as information is used to produce delegate badges. Please photocopy for additional delegates and/or delegate with different addresses.

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Mrs
Ms
Dr
Other

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Organisation:
Title:
Tel:
Fax:
Email:
Website Address:

CONFERENCE PACKAGES

Bronze Pricing:
Register and pay by 13 September 2016
Standard Price
Physicians
USD 450
USD 499
Physiotherapists and Nurses
USD 350
USD 399
Residents and students
USD 200
USD 200
Pharmaceutical Companies and Technology Providers
USD 1,499
USD 1,999
Includes:
- 3-day Conference
- Networking Coffee Breaks
- Lunch
- Post-congress Presentation Access
- Certificate of Attendance

Silver Pricing:
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Standard Price
Physicians
USD 549
USD 599
Physiotherapists and Nurses
USD 425
USD 475
Pharmaceutical Companies and Technology Providers
USD 1,799
USD 2,299
Includes:
- 2-day Conference
- Networking Coffee Breaks
- Lunch
- Post-congress Presentation Access
- Certificate of Attendance

Gold Pricing:
Register and pay by 13 September 2016
Standard Price
Physicians
USD 599
USD 649
Physiotherapists and Nurses
USD 449
USD 499
Pharmaceutical Companies and Technology Providers
USD 1,999
USD 2,499
Includes:
- 2-day Conference
- Networking Coffee Breaks
- Lunch
- Post-congress Presentation Access
- Certificate of Attendance

Platinum Pricing:
Register and pay by 13 September 2016
Standard Price
Physicians
USD 649
USD 699
Physiotherapists and Nurses
USD 475
USD 525
Pharmaceutical Companies and Technology Providers
USD 2,099
USD 2,599
Includes:
- 2-day Conference
- Networking Coffee Breaks
- Lunch
- Post-congress Presentation Access
- Certificate of Attendance

Paediatric Rehabilitation Symposium or 3 Workshops
Register and pay by 13 September 2016
Standard Price
Physicians
USD 300
USD 350
Physiotherapists and Nurses
USD 250
USD 300
Pharmaceutical Companies and Technology Providers
USD 750
USD 999

PAYMENT METHOD
- By Wire Transfer
- By Credit Card

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TEAM DISCOUNTS
Team discounts available on request. Check for special group discount for registration of 3 or more. Call +971 4 361 9616 for more information.

VENUE AND ACCOMMODATION
Venue: Sheraton Grand Hotel, Dubai
Address: 3 Sheikh Zayed Road, Dubai, United Arab Emirates
Tel No.: +971 4 503 4444
Website: http://www.sheratongranddubai.com
Hotel and travel costs are not included in the registration fee.

ROOM RESERVATION
Special / corporate rate for room accommodation is available at the hotel. You may contact the hotel directly or per the details above quoting MENA Physical Medicine & Rehabilitation Congress.

TERMS AND CONDITIONS
Registration and Payment Policy
- All participants must register prior to congress admission.
- Pre-registered participants are advised to present a copy of their registration/payment slip at the onsite registration desk.
- Payment is due at the time of registration and includes lunches, refreshments, conference materials and certificate of attendance.
- Your registration will not be confirmed until payment is received in full.
- Cheque payment may only be made from UAE and in AED. Kindly contact us at info@menaphysicalrehab.com to discuss.
- EFT / Direct Deposit to be effected as per bank details on the invoice.
- Payment should be made within 7 days of invoice date.
- Payment can also be done through credit card or Paypal.

Discounts
- All early bird discounts require payment at the time of registration and before the early bird deadline in order to receive any discount.
- Discount offers cannot be combined with any other offer.

Cancellation Policy
- Registration cancellations must be notified in writing by email to the Maarefah’s office in Dubai. Email: info@menaphysicalrehab.com
- Cancellations received 30 days prior to the event will receive a refund of the registration fees, less an administration charge of $100 of the congress fee.
- Cancellations received less than 30 days prior to the event are not eligible for a refund.
- Refunds will be processed 2 months after the event completion date.

Liability
- Maarefah reserves the right to amend any part of the congress’ programme if necessary at any time.
- Maarefah will not be held liable for damages of any nature sustained by delegates or accompanying persons, or loss of, or damage to their personal property as a result of attending the congress or its related events.
- While every consideration has been taken when presenting the demographics of the attendees in the programme, Maarefah doesn’t guarantee the exact demographics of the congress attendees and can not be held responsible for the same.

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