



British Society of Rehabilitation Medicine

Promoting quality through education and standards

e-Newsletter

July 2015

www.bsrm.co.uk

See the back page for information on the new BSRM Memorial Research Travelling Scholarship

President's Report

I am writing this column at the same time as the final report for the UK Rehabilitation Outcomes Collaborative (UKROC). The report summarises seven years of hard work funded by a £2m programme grant from the National Institute of Health Research (NIHR). May I take this opportunity to thank the UKROC team and also you, the BSRM members, for your massive efforts to contribute the data - without which we would never have got off the ground. But as a result we have some really strong findings, and I am pleased to report that NHS England has now agreed to continue to contract UKROC going forward to provide the NHSE commissioning dataset for specialist rehabilitation services in England. We are also working up a follow-on grant (UKROC 2) to extend the work to community rehabilitation services.

In addition, the Health Quality Improvement Programme has funded a 3-year National Clinical Audit of specialist rehabilitation following major trauma – effectively linking the UKROC database with the Trauma Audit and Research Network (TARN) database. The project started on 1st July.

As mentioned in my previous communications – a priority during the next couple of years is to review and update as necessary, the various BSRM guideline documents. This work is well underway – with the first update, completed in April, of the 'Specialist neurorehabilitation service standards document' which is available on the BSRM website. Also the Standards for Prosthetic and Amputee Rehabilitation have been reviewed and updated and are at copy edit stage. Other documents are being reviewed from two angles – to update the language and if necessary also to update the advice – all must now be viewed in the light of the Future Hospitals Report and other national initiatives that impact rehabilitation services.

Margaret Phillips is leading a group developing guidance on rehabilitation for people with neuromuscular conditions and the Annual Meeting this year on this topic will provide a resource for the final consultation for this guidance. As a reminder the conference is in London over two days – 30 November and 1 December. The first day, a collaborative programme with the Royal College of Physicians, concentrates on what the physician should know about neuromuscular conditions and the second day explores rehabilitation interventions and issues for this group of patients. The programme is packed – with parallel sessions from the SIGs and some popular 'How to do it' sessions including one on influencing commissioning. The conference will of course also include our Annual General Meeting and I look forward to seeing you all there. Don't miss your opportunity to present a poster - *NB the deadline for submissions is 14 September.*

A strength of BSRM is the accuracy of the information/data it holds on various aspects affecting the specialty and a

recent priority to update workforce figures was agreed. To this end, members will soon be asked for information on their post and their RM service – your help in completing the survey monkey questionnaire as fully and accurately as possible will be invaluable in updating our figures which underpin our advice to the Centre for Workforce Intelligence and others in planning future workforce requirements.

Other developments in brief include the excellent news that Rehabilitation Medicine has been selected by the RCP as 'Specialty of the month' – for which BSRM will develop a specialty profile to feature on the RCP website – any ideas/contributions would be most welcome for this. We have also secured one of 6 quick fire question slots at the Medical Careers Day at the RCP Medical Careers Fair on 27 February. These present us with fantastic opportunities to showcase the broad and varied nature of the specialty from hyper-acute to vocational rehabilitation services and how RM services progress people through the patient pathway. I am also pleased to announce that our SIGs continue to contribute to education in their specialist area. The MskSIG have developed a syllabus for a new course, the first of which will run in Stoke on Trent from 8-10 February 2016 and all SIGs have recently assisted with a review of the RM curriculum to enable BSRM to feedback to the SAC.

There is too much to mention in my brief column so I urge all members to keep an eye on the BSRM website – the new website (undergoing final testing before going live) will include details of new developments and increased functionality to allow on-line conference registration and acquisition of guideline documents etc (some of which are free in electronic format!)

As ever, we are delighted to hear of any good news or issues from your patch, so please do keep in touch.

I hope you have a great Summer and look forward to seeing you in London later in the year (if not before!)

Lynne Turner-Stokes

President

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BSRM Annual Meeting 2015

NB: separate registration processes for the 2 days:

30 November 2015 'Neuromuscular conditions for physicians – what you need to know'

1 December 2015 'Neuromuscular conditions – rehabilitation issues/interventions'

Plus a BSRM Dinner on 30 November

Reasons to be proud

BSRM encourages members to fly the BSRM flag and to promote Rehabilitation Medicine at every opportunity. However members do not often blow their own trumpets! Below is news to make us feel proud for our members' recent achievement.

Congratulations to **Swaroop Shanbhag, Cardiff** and **Danny Smith, Belfast** for their success in obtaining the European Diploma for Physical and Rehabilitation Medicine.

Congratulations also to **Manoj Sivan** at becoming the latest recipient of the **BSRM Philip Nichols Prize** for his submission entitled '*Home-based Computer Assisted Arm Rehabilitation (hCAAR) robotic device for upper limb exercises after stroke. Results of a feasibility study in home setting*'. Submissions for this prestigious BSRM award are invited annually and should be in the form of a reflective essay on high quality research in the field of rehabilitation that has been conducted by the applicant. Details of this and other BSRM Prizes are on the website together with copies of recent, successful submissions.

ISPRM Haim Ring Award 2015

The work of Professor Tony Ward and his team at the North Staffordshire Rehabilitation Centre was recently recognised by ISPRM who presented Tony with the Haim Ring award at their congress in Berlin on 21 June (*see Tony and the North Staffs RC Team below*).



Major Trauma Rehabilitation

A number of members have received training and participated in a round of Peer Review of Major Trauma Centres – but no further reviews are planned for the coming year.

The BSRM has been invited to participate in the NHS England 2 day Major Trauma Conference in the West Midlands (29 & 30 September 2015) by running a workshop on rehabilitation on the 2nd day, which provides an opportunity to bring together MTC's and HQIP. <http://www.events.england.nhs.uk/all/606>

The BSRM Trauma Group continues to meet and will be working with Roxanna Alexandrescu at Kings to conduct a survey of MTC's via structured interview.

Krystyna Walton & Judith Allanson

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Trainees' Section

The trainees have been busy this year with a new trainee representative appointed in March. We welcome Becky Davidson, Oxford deanery, as the new representative and thank Sarah Leeder for all her great work as she steps down from her role. The Special Interest groups are also undergoing a reshuffle and we hope to have more news for you very soon about who the new representatives will be.

Events

The specialist technology event in Liverpool in May was well attended by trainees, who felt they gained much knowledge and learnt many new skills from it. The spinal medicine course in Sheffield in June was unfortunately cancelled but a few trainees were able to go and spend a couple of days there in place of this and learn more about spinal rehabilitation. This course will hopefully be rescheduled but no date is set as yet. There is also space for one or two trainees to attend the Parkinson's disease rehabilitation course in Sicily in November so if anyone is interested please get in touch.

Issues affecting Rehabilitation Medicine training

A number of issues have been discussed at the training meetings. A summary of the more pertinent ones is as below:

Trainees contributing to acute medicine

There is currently a reshuffle of training being considered with the Shape of Training review. The Shape of Training Review (SHoT) suggests post graduate training of all doctors should be more patient focused, more general (especially in the early years) and with more flexibility of career structure. It should lead to a certificate of specialist training (CST) after which, further training could take place with credentialing. There is no clear plan of when this will be rolled out or how it will affect trainees who are currently in programme or taking time out of programme.

Curriculum

There are plans to re-write the current curriculum. This has been welcomed by the trainees as many feel that the

current curriculum is lacking in some areas. Discussion about this is ongoing.

That's it for now. Any questions please do get in touch and have a great summer!

Find us on Facebook 'Rehabilitation Medicine specialist trainees'

Meena Nayar & Becky Davidson
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SCISIG

The 2014 first Spinal Cord Medicine Course held in Sheffield received excellent feedback, thank you to all involved. The course this year had a very small number of applicants and it was therefore decided that we would delay running the course and extend the target audience to trainees and clinicians from other backgrounds including Orthopaedics, Neurosurgery etc. I would welcome ideas on this matter.

Close collaborations exist between Spinal Injuries Centres <http://www.bascis.org.uk/> and a strong medical support network has long been established between consultants as expected in a small speciality. The reality remains that recruitment will be a major challenge for many centres, and demand for high quality consultants will be significant for the foreseeable future. The official window for pilot post CCT posts in Spinal Cord Medicine to be accredited closed in December. Individual trusts are free to create new posts. The curriculum development work is complete.

This presents a great opportunity – to consider becoming a highly trained consultant in this speciality.

Marief Purcell
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SIGAM

Amputee Rehabilitation is a wonderful sub-specialty of Rehabilitation Medicine to be part of! We practice multidisciplinary working, patient centred care and uphold the recommendation that all amputees should have access to a specialist team for assessment and advice. To this end the SIGAM committee have just been submitted to the BSRM the latest version of the Amputee and Prosthetic Rehabilitation Standards & Guidelines due for release later this year. The guidelines include best practice management of patients from the pre amputation phase onwards. We encourage referral of all amputees for initial multidisciplinary assessment even if the patient might not benefit from a prosthesis. With the importance of the Rehabilitation Consultant noted within Major Trauma Networks there are new sections in the updated Guidelines for Trauma and Veteran care.

The National Confidential Enquiry into Patient Outcome and Death (NCEPOD) for lower limb amputees (2014) has identified definite clinical and organisational deficiencies in

the UK which all consultants with a responsibility for amputee rehabilitation should be aware of. This report should give us some leverage to improve the care we give from the pre amputation stage to the multidisciplinary assessment in our Specialist Amputee Centres. We would encourage all consultants who have a responsibility for amputee rehabilitation to be aware of this report and be involved in responding to the deficiencies it highlights.

We still await the new NHS England Commissioning policies which are now pending approval. This we hope will make provision of componentry for patient with amputations more equitable.

Amputee rehabilitation is a very stimulating and practical subspecialty to be in. There are excellent job prospects for Specialist Registrars within the UK at present. We encourage registrars to identify as early as they can in their training if they have a special interest in this field and structure the training programme accordingly. It does however demand energy and enthusiasm but the reward is significant, seeing lives changed for the better.

Lorraine Graham

SIGAM committee
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VRSIG

I was delighted to be elected Chair of the VRSIG following the Bristol BSRM meeting in October 14 and extend my thanks to Dr Judith Allanson for all her work as the previous Chair.

Andy Tyerman, Consultant Clinical Neuropsychologist and Head of Community Head Injury Service, Buckinghamshire Healthcare NHS Trust and John Pilkington, Chair of the Vocational Rehabilitation Association were co-opted as members of the committee at our first meeting in December 2014 joining Champa Sumanasuriya, Zacc Falope, Julian Harriss and Diane Playford.

The core aims of the VRSIG are:

- Setting professional standards in VR training
- Maintaining and updating BSRM/RCP Vocational standards documents
- Influencing government policy through:
 - engagement with DWP and NHS
 - links with Rehab Delivery Board
- Creating opportunities to meet and exchange ideas with others including:
 - closer working with Trauma networks
 - closer working with Vocational services in private sector

Vocational Rehabilitation (VR) Training

Whilst VR is already a topic included for trainees in RM as part of the National Training programme, it was agreed at the BSRM Executive meeting in February 2015 that it would be useful to discuss the development of specific competencies in VR. The VRSIG was given the remit of reviewing the Rehabilitation Medicine curriculum in relation to Vocational Rehabilitation with a view to discussing VR training requirements for RM trainees. This work has been led by Zacc Falope with significant contribution from Sarah

Leader, Trainee representative, and has been formally submitted to the Educational subcommittee.

Using previous and ongoing mapping work by Lynne Turner-Stokes, Diane Playford and Andy Tyerman on VR service provision for patients admitted to Major Trauma Centres, we plan to identify areas of good practice in VR in order to expand training possibilities for SpRs in RM as well as promote closer liaison with Occupational Health and private sector providers in this area.

Update to BSRM/RCP Vocational Standards documents

The VRSIG are undertaking updates to the major Vocational rehabilitation guideline documents:

1. Vocational rehabilitation The way forward
2. Vocational assessment and rehabilitation following ABI
3. Vocational assessment and rehab for LTC.

This work will provide the focus of activity over the next year:

Feedback from Rehab delivery Board

The Five Year Forward View (<http://www.england.nhs.uk/wp-content/uploads/2014/10/5yfv-web.pdf>) has helped galvanise interest in VR, underlining the importance of the return to work as a clinical outcome for patients. The Rehabilitation Delivery Board has a strong focus on vocational outcome and proposes investment in vocational services.

Links with DWP

A formal meeting with the Chief Medical Officer for the DWP, Dr Pui-Ling Li, was held in June. At this meeting Dr Li said that she was keen to understand the contribution that VR can make to the successful delivery of the DWP's Return To Work objectives in general and to the success of the new Fit For Work service in particular. She has been invited to address the VRSIG at the BSRM conference on 1 December.

We, as Rehabilitation physicians, have an important role not only in our specialist understanding of the functional implications of disability but in our ability to bridge the gap between health rehabilitation agencies and work agencies.

We look forward to welcoming as many BSRM members as possible to the VRSIG programme during the BSRM Annual Meeting on 1 December .

Emer McGilloway

VRSIG Chair
emcgilloway@doctors.org.uk

National Census of the Rehabilitation Medicine Workforce

BSRM is conducting a national census of the RM workforce and would be most grateful for your prompt assistance with completing the questionnaire which will be sent to consultant members via Survey Monkey.

Thank you!

New Members

Welcome to the following new members since the last Newsletter. We look forward to seeing you at future events and to your involvement in the Society:

***Dr Rebekah Davidson, ST3 – Rehabilitation
Medicine, Reading***

Miss Jan Lee, Academic Clinical Fellow, Sheffield

***Dr Octovus Muchemenye, Locum Consultant
Psychiatrist, Guernsey***

***Dr Krithik Ranganathan, ST3 – Rehabilitation
Medicine, Leeds***

Dr Clare Shippen, Junior Clinical Fellow, Blackburn

***Dr Shyam Swarna, LAS Rehabilitation Medicine
Trainee, Sevenoaks***

***Dr Revin Thomas, ST3 – Rehabilitation Medicine,
Newcastle upon Tyne***

Dr Ineta Zobina, Specialty Doctor, Oswestry



Welcome back to the following members



***Mr Sohail Ansari, Locum Consultant in
Rehabilitation Medicine, Brighton***

***Dr Petra Makela, Locum Consultant in Rehabilitation
Medicine, London***

***Dr Zuhair Noori, Consultant in Rehabilitation
Medicine, Croydon***

Specialist Rehabilitation Medicine Course, Derby

Apologies to anyone who wished to attend the Specialist Rehabilitation Medicine Course this year, but I am unable to run it due to me moving jobs. It will continue next year and I hope to give forward warning of the date in the next newsletter. As a reminder, the course is primarily intended for trainees, but there are often items relevant to non career grade doctors and consultants. We run on a four year cycle and cover topics which are not covered in regional teaching nor the other BSRM courses, or where addressing the topic in a large group of Rehabilitation Medicine doctors would work well. The course is interactive and informal, with some seminars but also with workshop and skills based learning. The new four year cycle will also start next year, so please email me on margaret.phillips5@nhs.net if you have any suggestions for topics.

Margaret Phillips

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Rehab Diary



Please note that all meetings advertised as BSRM meetings are approved for the purposes of CPD.

BSRM Meetings details and on-line registration at www.bsrn.co.uk

BSRM MEETINGS

16th ADVANCED PROSTHETIC & AMPUTEE REHABILITATION COURSE, 14-16 March 2016, Stanmore
Contact: Sandy Weatherhead admin@bsrn.co.uk

SPINAL INJURIES COURSE 2015/16, Postponed from June – new date TBC, Sheffield, Contact Louise.Adams@sth.nhs.uk

SPECIALIST REHABILITATION MEDICINE COURSE, 2016 course date TBA
Contact: margaret.phillips5@nhs.net or admin@bsrn.co.uk

BSRM AUTUMN MEETING (Joint with the Royal College of Physicians on Day 1) & AGM, 30 November-1 December 2015, on Neuromuscular Disorders and Rehabilitation, Royal College of Physicians, London
Contact: admin@bsrn.co.uk

OTHER MEETINGS

PROSTHETICS REHABILITATION FOLLOWING WAR INJURY, Royal Society of Medicine, London
25 September 2015 <https://www.rsm.ac.uk/events/>

UKABIF MEDICO LEGAL SEMINAR, Manchester, 6 October 2015 www.ukabif.org.uk

UKABIF MEDICO LEGAL SEMINAR, London, 7 October 2015 www.ukabif.org.uk

AMERICAN CONGRESS OF REHABILITATION MEDICINE, Dallas, Texas, 25-30 October 2015
<http://www.acrm.org/meetings/annual-conference-2015/>

BACPAR CONFERENCE, Wolverhampton, 5-6 November 2015 www.bacpar.csp.org.uk

DUTCH CONGRESS OF REHABILITATION MEDICINE, Rotterdam, 5-7 November 2015

<https://rehabilitationmedicinecongress.nl/>

THE CONCEPT OF MENTAL CAPACITY IN REHABILITATION, Warwickshire, 11 November 2015
http://www.cetahealth.co.uk/courses/course/146/the_concept_of_mental_capacity_in_rehabilitation

7th UKABIF ANNUAL CONFERENCE, London, 11 November 2015
<http://ukabif.org.uk/ukabif-annual-conference-2015/>

RCP/BSRM CONFERENCE NEUROMUSCULAR CONDITIONS FOR PHYSICIANS – WHAT YOU NEED TO KNOW, London 30 November 2015
<https://www.rcplondon.ac.uk/neuromuscular-conditions-physicians-what-you-need-to-know>

BSRM 2015 ANNUAL MEETING, London, 1 December 2015 www.bsrn.co.uk

3RD EUROPEAN CONGRESS OF NEURO-REHABILITATION, Vienna, Austria, 1-4 December 2015
<http://www.ecnr.org/>

SRR WINTER MEETING, London, 2 February 2016
<http://www.srr.org.uk/meetings>

BSRM MUSCULOSKELETAL COURSE, Stoke on Trent, 8-10 February 2016 www.bsrn.co.uk

16TH ADVANCED PROSTHETIC & AMPUTEE REHABILITATION COURSE, Stanmore, 14-16 March 2016 www.bsrn.co.uk

20TH EUROPEAN CONGRESS OF PHYSICAL & REHABILITATION MEDICINE, Lisbon, 23-28 April 2016
<http://www.esprm2016.com/en/>

9TH WCNR, Philadelphia, 10-13 May 2016
<http://wcnr2016.org/>

ISPRM 2016, KUALA LUMPUR, MALAYSIA, 29 May-2 June 2016 <http://www.isprm2016.com/>

BSRM 2016 ANNUAL MEETING, Manchester Theme: Trauma, 21-23 November 2016 www.bsrn.co.uk

CPD AWARDED TO BSRM ANNUAL MEETING 2014

**BSRM Autumn Meeting & AGM
13-15 October 2014, Bristol Marriott Royal -
Rehabilitation - cross specialty working – how well
do we do it?
15 credits - Event Code 92931**



BSRM Prizes

We've recently reviewed all the BSRM prizes and this is just a reminder about what prizes there are and who is eligible to apply. We have five prizes covering a wide range of activities with the common theme of demonstrating relevance to the field of Rehabilitation Medicine. The prizes are:

- Medical students essay prize: this is for an essay describing any aspect of Rehabilitation Medicine, with credit given for original thought and personal experience of RM.
- Philip Nichols prize: this is for a reflective essay on high quality research in the field of rehabilitation that has been conducted by the applicant.
- Travelling scholarship: this is for travel to a specialist centre that will enhance an aspect of RM practice – but not to be used for conferences!
- Postgraduate training fund bursary: this is intended to contribute towards the tuition fees for a PHD or MD. and
- A New Scholarship!! Memorial postgraduate scholarship: this new scholarship can be used to support research away from the applicant's usual place of work.

Basic details about the prizes are summarised in the table below and further information is available on the website. So, consider applying for those for which you are eligible and remind your colleagues about the prizes.

Prize	Amount	Eligibility					Required Output				
		Member	Trainee	Non-consultant career grade	Consultant	Medical student	Newsletter article	Annual report	Conference presentation/postert	Publication (3/4*)	
Medical Students Essay Prize	£250	x	x	x	x	✓	x	x	x	x	
Philip Nichols Prize	£500	✓	✓	x	✓	x	x	x	✓	x	
Travelling Scholarship	£600 max	✓	✓	✓	✓	x	✓	x	✓	x	
Postgraduate Training Bursary	£3500 max	✓	✓	x	x	x	x	✓	✓	x	
Memorial Postgraduate Travelling Research Scholarship	£7500 max	✓	✓	✓	✓	x	x	x	✓	✓	

www.bsrm.co.uk