

# The Rehabilitation Prescription – standard and specialist

## Background

As part of the development of Major Trauma pathways in 2010, the Clinical Advisory Group recommended that every patient with major trauma should receive high quality rehabilitation:

- *Every patient admitted to a Major Trauma Centre should have their rehabilitation needs assessed and documented through a **Rehabilitation Prescription**.*

The standard rehabilitation prescription (RP) is a generic tool designed for use in the Level 3 services. There is no specific structure for it, but its conceptual development and some general principles for implementation within the acute Trauma pathway and associated local rehabilitation services are available on the following link: [Conceptual development of the RP](#) with [figures here](#)

Following Major Trauma, the large majority of patients will progress satisfactorily along the pathway to recovery with the support of their local (Level 3) services. However, some will have more complex needs requiring treatment in the Level 1 and 2 specialist rehabilitation pathway.

The British Society of Rehabilitation Medicine has drawn up standards for assessment and management of this more complex group of patients following [Trauma](#) or other [severe disabling illness](#). Both of these documents describe and recommend the use of a specialist rehabilitation prescription (SpRP)

The **Specialist Rehabilitation Prescription** expands on the original concept of the standard RP:

- Setting out in more detail the nature of the rehabilitation needs and
- Recording baseline values for the core measures that are used to record complexity and outcomes that are required as part of routine evaluation within the specialist rehabilitation services
- Recommendations and referrals

The SpRP is a requirement for referral to the Level 1/2 specialist rehabilitation services commissioned by NHS England. A template may be found on the following link:

- [Specialist Rehabilitation Prescription: template for Trauma networks](#)
- [Specialist Rehabilitation Prescription: template for other acute care settings](#)

